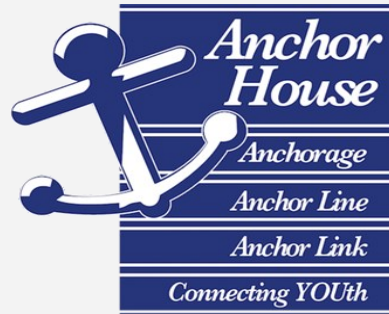


Connecting YOUTH Newsletter

March 2017



Permanency: Finding Life Long Connections

Life Skills: Survival Tips

Inspirational Quote

Tip of the Month: Love Yourself

"I will love the light for it shows me the way, yet I will endure the darkness because it shows me the stars."

Og Mandino

This quote was chosen by me because I want you to come to an understanding that the light in your life can be drawn on as you work to overcome the areas in your life that may seem unfair and may conjure up unsettling emotions. I want you to have a realization that there are stars that you have not recognized within yourself.

Danette Wright-Lee, Success Coach

Gain confidence in who you are. Life will be much easier when you have the courage to appreciate your self worth. This doesn't mean becoming self-absorbed. It means taking care of yourself and respecting that you are a precious being like everyone else.

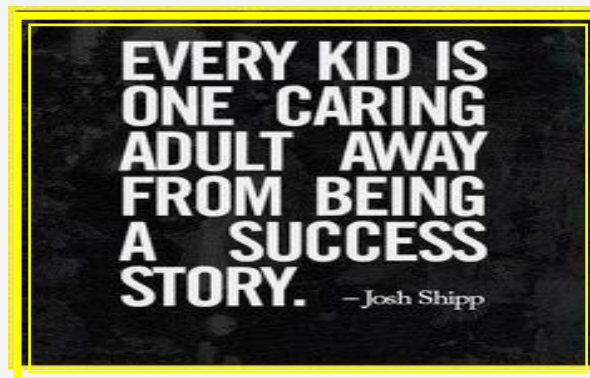
Look for things you like about yourself.

Be kind to yourself.

Be proud of your personality and preferences.

Mentoring moment of the month:

Who are the caring adults in your life?



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College is Possible!

The New Jersey Foster Care (NJFC) Scholars Program was made to help you! You can get help paying for tuition, room & board, food, transportation, books, supplies, child care, and other costs. Becoming a NJFC Scholar also makes you eligible for Project MYSELF, where you'll get supportive coaching to help you build life skills, develop your leadership qualities, and more. Don't let the price of a college education stand in the way of creating a brighter future! To find out more about becoming an NJFC Scholar, visit <http://www.fafsonline.org>, call 800.222.0047, or email scholarships@fafsonline.org.

Our School Outreach Counselor and Education Champion are here to help you.



Education: Did you know facts ???

DID YOU KNOW? EDUCATION = \$\$\$

100 + Women

Mercer County

MEDIAN SALARIES OF YOUNG ADULTS (ages 25-34):*

No high school credential: \$25,000

High school graduate: \$30,000

College graduate (4-year degree): \$49,900

Which would YOU rather earn? Hard work PAYS OFF!

To get help graduating from high school and to learn about college opportunities. Contact Amanda Porter, Connecting Youth Education Champion, at 609.439.4215 or aporter@anchorhousenj.org.

Join the Youth Advisory Council (YAC) TO-DAY:

If you are interested in being a leader and having your voice heard to by Anchor House, as well as being involved with groups, trips, and meetings then you need to sign up today.

See any staff member at Anchor House to get an application and apply !

Getting Connected:

Shelter: 609-396-8329

Anchorage: 609-989-1625

Outreach: 609-218-5630

School Outreach: 609-396-8329

DCPP: 1-877-652-2873

The Job Interview Questions Asked Most Often

These four are the most common questions asked and how to handle them

Tell Me/Us About Yourself

This question is looking for an overview of your qualifications for the job and also why you are interested.

What Is Your Greatest Weakness?

This question is asking you to identify an area that you need to improve in that relates to personal or professional growth that shows you know where you need to grow as a person.

What Is Your Greatest Strength?

In your answer to this question, fit your strength to the job and the employer. Prepare by developing a list of your strengths based on what you, and others, think you do best. Look at your performance reports and awards you have achieved for ideas. Once you have your list of strengths, choose the ones most appropriate

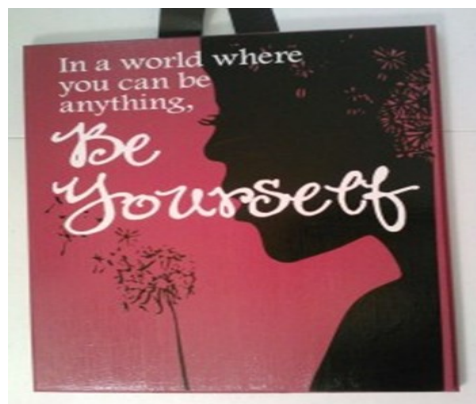
How Did You Find This Job?

This question is often asked to see how interested you are in the job and in working for them.

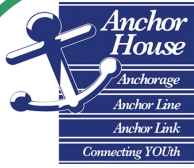
8 Famous People Who Overcame Homelessness By Randall Neely

Did you know that Charlie Chaplin, Halle Berry, Kelly Clarkson, Steve Jobs, Jim Carrey, Daniel Craig, Sylvester Stallone, and Jennifer Lopez are all famous now but at some point in their lives were homeless.

If you or someone you know are homeless, please contact Outreach at 609-218-5630



Connecting YOUTH Newsletter



Group Calendar March 2017



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6 4:00-5:30 Meditate, exercise, relaxation techniques with Near Peers	7 4:00-5:00 Near Peers Activity with Youth 5:30-6:30 Right Life, Right Path	8	9 3:00-5:30 TCNJ College Tour And Dinner for Connecting Youth	10	11
12	13	14 5:30-6:30 Right Life, Right	15	16	17	18
19	20 4:00-5:30 Near Peers Group Healthy Living/Eating	21 4:00-5:00 Near Peer Activity 5:30-6:30 Right Life, Right Path	22	23 4:00-5:30 Community Service Project	24	25
26	27 4:00-5:30 Near Peers Group College Experience- getting ready	28 4:00-5:00 Near Peer Activity 5:30-6:30 Right Life, Right	29	30 4:00-5:30 Child Abuse Prevention Activity	31	

**** All groups will meet at 740 Greenwood Ave. Trenton, NJ from 3:30-4:30 unless otherwise noted****